

## THE MASTERY CLUB LILIANE GRACE

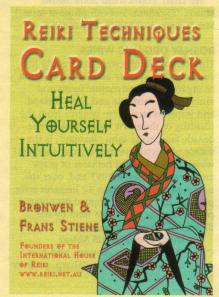
This story is not only fascinating, but also contains considerable wisdom, provided through an intriguing plot. A major character, called Nina, will help you to expand your thinking.

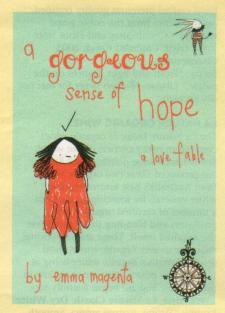
As Dr. John Demartini says in his foreword to the book, "The plot of the grand story playfully winds and weaves your mind through the deeper questions and lessons of life in a light-hearted and inspirational manner, while making you think deeply about the elusive obvious in your life".

Another character tells a story of being able to pursue a dream career even though it involved overcoming strong objections from her parents. "I had to push any thoughts that I might fail right out of my mind ...". Mainly directed at older children and teenagers, it carries a powerful message that will not only benefit but also entertain adult readers as well.

This book will help you to master your thinking, your feeling and your future. As well as being a great read, it would make an extremely worthwhile gift to help any young people on their way. They'll love it!

Distributed by Brumby Books RRP \$19.95 Reviewed by Terry Stephens







## REIKI TECHNIQUES CARD DECK INTERNATIONAL HOUSE OF REIKI

I must say I was absolutely delighted when Elizabeth handed me this deck of cards, and asked me if I would like to do a review. The Reiki Techniques Card Deck 'Heal yourself intuitively' has been designed by Reiki Masters Bronwen and Frans Stiene, founders of the International House of Reiki. Bronwen and Frans have been working with Reiki for many years and are passionate about researching traditional Japanese Reiki. The cards in this deck reflect their dedication and love for traditional Reiki, as well as for non-traditional healing methods. There are 45 cards in the deck and each has its own heading, for example, 'Groundwork', 'Wisdom', 'Compassion', 'Illumination', 'Clarity', 'Energizing', to name a few. The card I picked for today is called 'Connection', and it is a 'Reiki Meditation to increase sensitivity to energetic movement and support your connection to the source'.

All cards offer specific instructions for an interesting variety of visualisations, breath techniques to clear and strengthen the body, traditional Japanese and non-traditional meditation techniques, focussing exercises for the upliftment of the mind, and so much more.

In the Reiki Techniques Card Deck the authors have clearly outlined a valuable system of Intuitive Self-healing and, I know from using it personally and with my Reiki students, that it is an excellent resource for anyone to discover and open the inner doors to healing.

Frans and Bronwen Stiene offer the reader a free downloadable e-booklet for the Reiki Techniques Card Deck at www.

Distributed by Brumby Books RRP \$47.95 Reviewed by Nandita Shari Jackson

## A GORGEOUS SENSE OF HOPE EMMA MAGENTA

"How does one have faith in the success of a new relationship when they have known nothing until then but failure?"

'A gorgeous sense of hope' sees our heroine, Magenta, fall hard and fast into a heady love. But who can she trust? Is it the real thing? More importantly, how does once make love last rather than dissolve into complacency?

Anyone familiar with Emma Magenta's 2004 debut, 'The perils of magnificent love', will know that she is a unique storyteller. The eloquent writing coupled with endearing illustration makes for dazzling results.

I have to admit I have a penchant for anything cute, small and mint-green, but this fable is smart and sweet, with buoyancy bound to soften the most toughened of cynics. Best shared with a forlorn friend, or snuggled deep beneath the doona.

Published by Random House Australia RRP \$16.95 Reviewed by Melisa Gray-Ward

## YEAR OF CALENDA

A spiritual co publisher Dia centred interr Cernak, has s powerfully ex creation: the calendar.

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