If you’re interested in reiki – the energetic healing technique – but live too far from a practitioner or master teacher to experience it, why not try the new 21-day reiki online program at www.reiki.net.au. You can learn about self-healing and be supported daily by this Internet program. The site also has articles on the subject, commonly asked questions, hot topics related to reiki and a reiki student service.
She sheds 8kg in six weeks and reveals how you can do it too! 

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