The book "is a guide for people who want to... connect to the spiritually".

The husband-and-wife team told WHO supports you in feeling more connected to
niques with step-by-step photographs. "Reiki-
sydney—offer practical advice on reiki tech-
ternational House of Reiki in 1999 in Newtown;
they studied in Japan and founded the
on the body to balance energies and speed up the
Reiki is a holistic technique in which hands are placed

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